DAY ONE ☐ TWO ☐ THREE ☐ FOUR ☐ FIVE ☐ SIX ☐ SEVEN ☐ EIGHT ☐ NINE ☐ TEN ☐

Date:.....

What did you do?

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Continue to record your thoughts about new jobs or experiences every day.

Which skills did you use? (circle)

Communication - Oral

Communication - Writing and Reading

Using Numbers

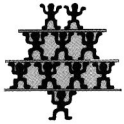
Information Technology

Working with Others

Problem Solving

Improving Own Learning and Performance

Practical Skills



Employability Skills

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