

YOUR DAY BY DAY RECORD

Some of the day to day recording will be done in this section and some will be in the Recording Your Skills section starting on page 26 in the Student Diary booklet.

If you get any photographs or other paper evidence, try to include it.

You should write something each day in this day by day report section about the things you did at work and what you felt about the day. There is no need to describe the same activities day after day. Try to include any new tasks and experiences as they happen.

YOUR FIRST DAY

What did it feel like?

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Was it as you expected it to be?

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Were you happy or disappointed?

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Were you told about Health and Safety rules?

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Now record your day by day activities on the following pages.